

A picture containing icon

Description automatically generated

**Easy to read**

**Information for women and girls with disabilities about your rights during Covid-19.**

**This is about your right to be safe from violence.**

**And your rights to do with your body, sex, relationships and having children.**

**A picture containing vector graphics

Description automatically generated**

**This leaflet is for people in the Pacific region of the world. Fiji, Kiribati, Samoa, Solomon Islands, Tonga and Vanuatu are some of the countries in the Pacific region.**

# A picture containing text, clipart Description automatically generated What is in this leaflet

# 

**Page**

# About this leaflet 3

1. **Your right to be safe from violence 5**
2. **Your rights to do with your body, sex, 7 relationships and having children**
3. **Some other rights that you have 9**

# Important documents about your rights 12

# Some places to get support and 14 information from

# A picture containing text, clipart, vector graphics Description automatically generatedAbout this leaflet

This leaflet is about your rights during Covid-19.

Covid-19 is an illness that many people in the world have been getting.

**A picture containing vector graphics

Description automatically generated**

This leaflet is about your rights to:

* Be safe from violence
* Make your own choices about your body, sex, relationships and having children

**A picture containing shape

Description automatically generated**

Rights are things that everyone has.

For example, everyone has the right to be safe and treated fairly.

This leaflet is about your rights and what should happen to you.

A picture containing shape

Description automatically generated

**You still have the same rights during Covid-19.**

**They have not changed**.

**Your government should be working to make sure that you get your rights.**

A picture containing text

Description automatically generated

There are some important documents about your rights.

You can find out about them on page 12.

A group of people

Description automatically generated with low confidence

This leaflet is for women and girls with disabilities.

That also means people with disabilities who are not the gender that people say they are.

Gender is about being a woman, a girl, a man, a boy or someone else.

For example, someone might be told they are a boy. But they are not a boy. They are a girl or another gender. A picture containing text, vector graphics, clipart

Description automatically generated**Your right to be safe from violence**

Violence is when people might hurt you or do bad things to you.

A picture containing clipart

Description automatically generated

Violence could be many things like:

A picture containing icon

Description automatically generated

* Someone hurting your body
* Someone forcing you to have sex or do sexual things

Diagram

Description automatically generated with low confidence

* Someone stopping you from getting the things you need.

Like support, food, medicine, money or wheelchairs

A close-up of a person

Description automatically generated with medium confidence

The violence we talk about in this leaflet is called **gender-based violence**.

It can happen to anyone.

But it usually happens to women and girls.

A picture containing text, vector graphics

Description automatically generated**What are your rights?**

You have the right to be safe from violence.

A person sitting at a desk

Description automatically generated with medium confidence

The government of your country must work to stop violence.

There should be laws to help stop violence happening.

The police and courts should punish people who are violent.

You should get the right support if violence happens to you.

A picture containing text, vector graphics

Description automatically generatedA picture containing text, electronics

Description automatically generated

That might include:

* Support from the police and courts
* Someone to talk to about how you feel
* A safe place to go or a phone number to get help

A picture containing text

Description automatically generatedYou can leave home to be safe from violence and get help.

You can do that even if the government says that people must stay at home because of Covid-19.

1. **Your rights to do with your body, sex, relationships and having children**

**A picture containing vector graphics

Description automatically generated**

You have the right to make your own choices about:

* Your body
* Sex and relationships
* A picture containing shape

  Description automatically generatedYour health
* A person with the hand on the face

  Description automatically generated with medium confidenceIcon

  Description automatically generatedHaving children

This means you can choose for yourself if you want sex, relationships, health care or children.

Other people should not choose for you.

A picture containing text, clipart

Description automatically generatedYou should get all the information and support you need to make your own choices.

Icon

Description automatically generated

For example, you might want information about having sex or children.

Or you might want support or health care to stop you getting pregnant.

Two people looking at a computer screen

Description automatically generated with low confidence

The information and support you get should be good.

It should be easy for you to get and use.

1. A picture containing text, vector graphics

   Description automatically generated **Some other rights that you have**

You have the right to be treated fairly.

You should not be treated worse than other people.

A picture containing shape

Description automatically generated

You have the right to get support from the police and courts if someone hurts you or tries to stop you getting your rights.

A picture containing text, clipart

Description automatically generated

You might need support to do things because of your disability.

The support should be easy for you to get and use.

Two people looking at a computer screen

Description automatically generated with low confidenceFor example, you should get information in a way that is easy for you to understand.

That might be information in large writing, sign language or easy words if you need it.

A person in a yellow shirt

Description automatically generated with medium confidence

A person in a wheelchair

Description automatically generated with medium confidence

You should get the support you need for your disability.

For example, you can take a support person with you to the doctor or the hospital if you need to.

You can do this even if the rules say you have to go on your own.

Shape

Description automatically generated with medium confidence

The support you get should be free.

Or it should not cost too much.

Icon

Description automatically generatedHealth and support services should be easy for people with disabilities to use.

For example, health places should have ramps or lifts for people who find it hard to move around.



You have a right to health.

That means you should get the health care you need.

That includes health care and vaccines for Covid-19.

And health care to do with your body, sex and having children.

A group of people posing for the camera

Description automatically generated with medium confidenceA picture containing text, clipart, vector graphics

Description automatically generated

Health and support staff should get training about people with disabilities.

A picture containing shape

Description automatically generated**Important documents about your rights**

This leaflet is about some important rights that you have.

The rights come from some documents that countries made together.

It might help you to know about 2 important documents.

A picture containing text

Description automatically generated

A group of people posing for the camera

Description automatically generated with medium confidence

1. There is a document about the rights of people with disabilities in the world.

It is called the **Convention on the Rights of Persons with Disabilities.** Or **CRPD** for short.

A picture containing text

Description automatically generated

1. There is a document about the rights of all women in the world.

**A picture containing vector graphics

Description automatically generated**

It is called the **Convention on the Elimination of All Forms of Discrimination Against Women.**

Or **CEDAW** for short.

A picture containing text

Description automatically generatedMany countries have promised to do what both documents say.

That includes:

* Federated States of Micronesia
* Fiji
* Kiribati
* **A picture containing vector graphics

  Description automatically generated**Marshall Islands
* Samoa
* Vanuatu

Solomon Islands has promised to follow the document about treating women fairly.

A group of people posing for the camera

Description automatically generated with medium confidence

Solomon Islands has not promised to follow the document about the rights of people with disabilities yet.

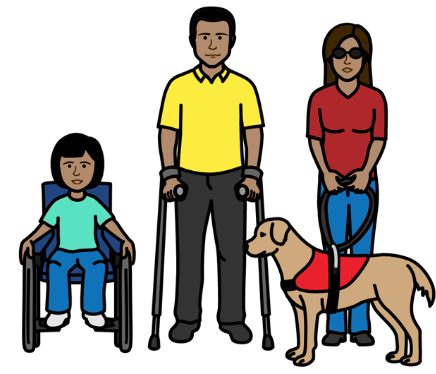
But the government said that it will follow the document in the future.

Icon

Description automatically generated

Tonga has not promised to follow either of the documents yet.

**Some places to get support and information from**



**Fiji**

* + An organization that supports the rights of people with disabilities. It is called Fiji Disabled People’s Federation (FDPF):

A picture containing text, vector graphics

Description automatically generatedCall **331-1203**

* + Support for women and girls if someone has been violent to them. It is called Women’s Crisis Center:

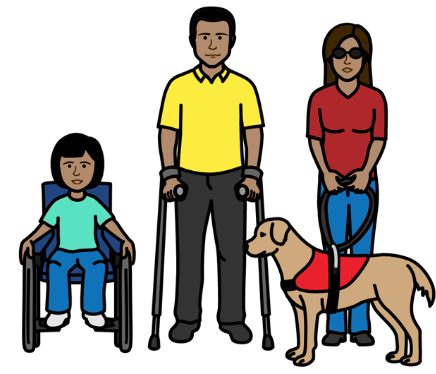
Call: **1560**. This is a free number. It is open all day and night.

Two people looking at a computer screen

Description automatically generated with low confidence

* An organization to support people with their health rights.

It is called the Reproductive and Family Health Association Fiji:

Call: **3306-175**

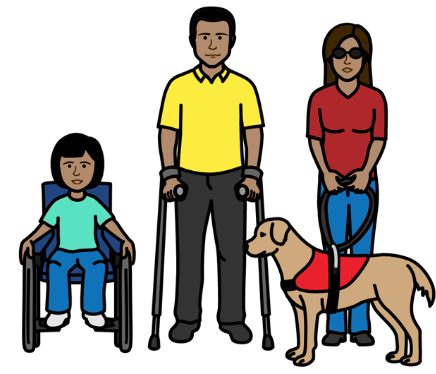
**Kiribati**

* An organization that supports the rights of people with disabilities. It is called Te Toa Matoa:

Call: **73046331**

* A picture containing text, vector graphics

  Description automatically generatedSupport for women and girls if someone has been violent to them. It is called Kiribati Women and Children Support Center:

Call: **191, 75021000**

**Samoa**

* An organization that supports the rights of people with disabilities.

It is called Nuanua O Le Alofa

(NOLA):

A picture containing text, vector graphics

Description automatically generated Call: **21147**

* An organization to support people if violence happens to them. It is called Samoa Victim Support Group.

Call: **800-7874.** This is a free number. It is open all day and night.

Two people looking at a computer screen

Description automatically generated with low confidence

* An organization for mental health support. It is called Faataua le Ola:

Call: **800-5433.** This is a free number. It is open all day and night.

* An organization to support people with their health rights. It is called Samoa Family Health Association:

Call: **685 26929**

A group of people

Description automatically generated with low confidence**Solomon Islands**

* An organization that supports the rights of people with disabilities.

It is called People with Disabilities Solomon Islands:

Call: **25608**

A picture containing text, vector graphics

Description automatically generated

* A number for people to call if someone that they know is violent to them.

Call: **26999** From 8am to 4:30pm

Call **20619** from 4:30pm to 8am

including weekends and

public holidays.

A group of people

Description automatically generated with low confidence

**Tonga**

* An organization that supports the rights of people with disabilities.

It is called Nuanau O’ E’ Alamaite, Tonga Association:

A picture containing text, vector graphics

Description automatically generatedCall **772 9007**

* Support for women and children if someone is violent to them or hurts them. It is called the Women and Children’s Crisis Centre.

**Call: 22240.** This number is open all day and night.

A group of people

Description automatically generated with low confidence**Vanuatu**

* An organization that supports the rights of people with disabilities. It is called Vanuatu Disability Promotion and Advocacy Association:

A picture containing text, vector graphics

Description automatically generatedCall **37997**

* A number to call if someone you know has been violent to you. It is called the Women’s Centre Helpline:

Call **24000**



**There is also a document about what your support should be like.**

It is on this website:

<https://www.unfpa.org/sites/default/files/resource-pdf/English-PDF-v2.pdf>

**Pictures by The Picture Communication Symbols ©1981–2016 by Mayer-Johnson LLC a Tobii Dynavox company. All Rights Reserved Worldwide. Thousands of resources available for free at** [**www.boardmakeronline.com**](http://www.boardmakeronline.com/)**.**